

Name	Company	Phone	Website	Level
WASHINGTON, DC				
Christine Bitzer	Seabury Resources for Aging	202-364-0020	seaburycaremanagement.org	AVP
Wendy M. Blum	Seabury Resources for Aging	202-364-0020	seaburycaremanagement.org	AVP
Irene V. Jackson-Brown	Jackson-Brown Associates, LLC	202-722-4205	theartofeldercare.com	AVP
Montrella Cowan	IONA Senior Services	202-590-2356	iona.org	PRO
Joanne Evans	Elder Care Management	202-625-0467		AVP
Carol Kaplun	IONA Senior Services	202-895-9477	iona.org	PRO
Amy Kisanga	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	ASC
Debra Micheli	Buckley's for Seniors, LLC	703-390-0535	buckleys4seniors.com	AVP
Judith Shapiro	ElderTree Care Management Services	703-424-7575	eldertreecare.com	PRO
DELAWARE				
Karen Commeret	Jewish Family Services of Delaware	302-478-9411	jfsdelaware.org	ASC
Sharon Dickol	AgeWise Solutions	302-858-6449	agewisecare.com	AVP
Susan Hammond	Decisions 4 Life, LLC	302-528-3789	decisions4life.com	AVP
Alice R. Martinelli	In Care of Alice & ASCs	302-530-9109	incareofalice.com	PRO
MARYLAND				
<i>Eastern Shore -Includes Salisbury and Ocean City and surrounding region, see map on page 9</i>				
Lynn Carr Alliance in Aging		410-507-0915	allianceinaging.com	AVP
Wendy Miller	Annapolis Senior Care Solutions	410-834-1452	annapoliseniors.com	PRO
<i>Metro Baltimore - Surrounding counties including Anne Arundel and surrounding region, see map on page 5</i>				
Anne Arrington	Rosner Healthcare Navigation	443-812-8204	rosnerhealthcarenavigation.com	PRO
Lynn Carr	Alliance in Aging	410-507-0915	allianceinaging.com	AVP
Mary Faith Ferretto	Ferretto Eldercare Consulting, Inc.	410-661-6720	ferrettoeldercare.com	AVP
Tracey A. Franz	Ferretto Eldercare Consulting	443-474-6666	ferrettoeldercare.com	PRO
Penny Graf	Ferretto Eldercare Consulting, Inc.	410-440-2938	ferrettoeldercare.com	AVP
Vanessa Hughes	Howard County Office on Aging	443-591-4634		AVP
Wendy Miller	Annapolis Senior Care Solutions	410-834-1452	annapoliseniors.com	PRO
Sandra Millner	Ferretto Eldercare Consulting, Inc	443-617-6854	ferrettoeldercare.com	AVP
Marilyn M Murphy	Straticare Healthcare Navigation and Mediation, LLC	410-868-7031	straticare.com	ASC
Susan Newhouse	Senior Solutions, LLC	443-845-0025	snewhouse@seniorsolutions-baltimore.com	AVP
Ellen Platt	The Option Group/Senior Management Options	410-667-0266	theoptiongroup.net	AVP
Zandra Quartner	ZQ Care Management	410-484-2076	zqcaremanagement.com	AVP
Jill Rosner	Rosner Healthcare Navigation	410-591-6378	rosnerhealthcarenavigation.com	AVP
Jessica Rowe	Jessica Rowe ElderCare Consulting, LLC	443-980-2914	jessicaroweeldercare.com	AVP
Arlene Saks-Martin	ARMEL, Inc.	410-655-6025	Armel-Inc.com	AVP
Beth Alper Slepian	Ferretto Eldercare Consulting, Inc.	410-591-7072	ferrettoeldercare.com	AVP
Allyson Stanton	Stanton Psychotherapy, Inc.	443-812-1028	stantonpsychotherapy.com	PRO
Jennifer Wilkinson Rynbrandt	Ferretto Eldercare Consulting, Inc.	440-281-1808	ferrettoeldercare.com	AVP
<i>Metro DC-MD Suburbs Includes Montgomery & Prince George's Counties, see map on page 9</i>				
Rosemary Allender	Family Eldercare Management	301-262-5082	familyeldercaremanagement.com	
Bree Baldwin	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	PRO
Roger Barnes		240-687-8657		ASC
Susan Blum	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	AVP
Teresa Boring	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	PRO
Mary Ann Buckley	Mary Ann Buckley Consulting	301-320-9617		PRO
Ann Craynon	Family Eldercare Management	301-262-5082	familyeldercaremanagement.com	ASC
Renee Delacroix	Geriatric Care Counseling	301-320-5380	gercare.com	AVP
Michael DeSarno	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	ASC
Nancy Fagan	ElderTree Care Management Services	703-424-7575	eldertree.com	ASC
Felice Grunberger	Felice Grunberger, LCSW-C, C-ASWCM	301-593-4738		AVP
Ginny Hamel	Buckley's for Seniors, LLC	703-390-0535	buckleys4seniors.com	AVP
Margi Helsel-Arnold	Geriatric Care Counseling	301-320-5380	gercare.com	AVP
Vicky Hulcher	Compassionate Care for Seniors, LLC	301-996-3130	compassionatecareforseniors.com	AVP
Barbara Kane	Aging Network Services	301-657-4329	agingnetworkservices.com	AVP
Amy Kandel	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	ASC
Cathy Lonas	Advocate 360, LLC	301-275-5175	advocate360.net	ASC
Grace Mbonny	Genesis Healthcare	301-699-2000	genesishcc.com	PRO
Michelle McGrath	Seabury Resources for Aging	202-364-0020	seaburycaremanagement.org	AVP
Susy Elder Murphy	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	AVP
Susan Perry	Lifematters	703-237-9048	lifemattersusa.com	AVP
Carla P. Rawlings-Rye	Seabury Resources for Aging	202-364-0020	seaburyresources.org	AVP

Name	Company	Phone	Website	Level
Susan Rodgers	Capital City Nurses	301-986-9129	capitalcitynurses.com	PRO
Anita Rothwell	Rothwell Care Management, LLC	202-368-8042	rothwellcaremanagement.com	PRO
Amy Silver	Elder Care Options, LLC	202-503-7769	eldercareopts.com	PRO
Amy Ullman	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	PRO
Loretta Vitale	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	ASC
Southern MD - Includes Charles County, Calvert and St. Mary's Counties, see map on page 9				
Kathleen Allen	Senior Care Management Svcs., LLC	703-329-0900	seniorcarems.com	AVP
Linda Dennis	Partners In Care	410-544-4800	partnersincare.org	AVP
Liza Petrick	Aging Gracefully, LLC	703-402-0800	aginggracefullyonline.com	AVP
Western MD - Includes Frederick, Hagerstown and surrounding region, see map on page 5				
Jane Barnes Debra Levy Eldercare Associates 301-593-5285 care-manager.com AVP				
Catherine Drummond		301-791-1490		PRO
Dawn Johns	Journey Life Care Program @ PCMS	301-791-3087	pcmsinc.org	PRO
Kimberly Picca	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	PRO
Sandra M. Plummer-Barnett	Marie's Eldercare Placement & Consulting Services	301 633-1457	marieseldercare@gmail.com	PRO
Jennifer Sherwood	Debra Levy Eldercare Associates	301-593-5285	care-manager.com	PRO
PENNSYLVANIA				
Central - Includes State College and Harrisburg and surrounding region, see map on page				
Mary Beck	Beck Care Managers LLC	717-599-4447	beckcaremanagers.com	AVP
Melinda Bixler	Elder Healthcare Solutions, LLC	717-825-8828	EHS-PA.com	PRO
JoAnn Ellenberger	Senior Adult Counseling Services LLC	717-877-9831	senioradultcounselingservices.com	AVP
Laura Enslin	Senior Management Services	717-235-3008	smseldercare.com	PRO
Joan Krechmer	Wise Options	717-843-5011	jfsyork.org	AVP
Deborah Soltis	Soltis Senior Care Connections	814-355-9434	soltisseniorcare.com	AVP
Kathleen Steamer	BrightStone ElderCare Solutions, LLC	888-549-1865	brightstoneeldercareolutions.com	AVP
Tammy B. Steier	Avail Senior Care, LLC	717 552-1883	availseniorcare.com	PRO
Northeast - Includes Wilkes-Barre and surrounding region, see map on page 5				
Jennifer Andreoli	Keystone Elder Care Solutions LLC	570-504-4652	keystoneeldercareolutions.com	AVP
Kelly Carney	ACTS Retirement-Life Communities	610-248-9707	acts.org	AVP
Lori DeHaas	Senior Solutions	610-435-6677	senior-solutions.com	AVP
Kim Evanoski	Care Manage For All LLC	607-280-1433	caremanageforall.info	AVP
Brenda Hage	Pathways Senior Care Associates	570-285-8001	pathwayseniorcare.com	AVP
David Hage Pathways	Senior Care Associates	570-285-8001	pathwayseniorcare.com	AVP
Patricia Kender	Senior Solutions	610-435-6677	senior-solutions.com	AVP
Louise Kostick	Senior Solutions	610-435-6677	senior-solutions.com	AVP
Marysa Krause		973-896-4273		ASC
Amanda R. Longey	Phoebe Ministries - Pathstones by Phoebe	610-794-6702	pathstonesbyphoebe.org	PRO
Suzanne Patel	Senior Solutions	610-435-6677	senior-solutions.com	ASC
James Siberski	Professor, Misericordia University	570-735-7079		AVP
Michele Tyson	Allegiance Nursing, Inc.	610-770-1002	allegiancenursing.com	PRO
Southeast - Includes Philadelphia and surrounding region, see map on page 5				
Lorie Benovic	Bryn Mawr Presbyterian Church	610-520-8833	bmpc.org	PRO
William Blacker	Senior Care Planning Services	215-901-6244	seniorcareplanningservices.net	AVP
Helena Bolton	Stewart Retirement & Transition Inc. Elder Care Services	610-527-4578	rteldercare.com	PRO
Bonney Dahlgren	DosSantos	856-786-0279	bdossantosgcm.com	AVP
Janice Duffin	CareDirect	610-649-2078	caredirect.net	AVP
Elizabeth Dunleavy	Kith Elder Care, LLC	215-880-3541	kithcare.com	AVP
Helene Feldman	Helene Feldman Inc./Elder Care Mgmt.	215-483-1231	feldmancare.com	AVP
Joyce Gray	GrayCare LLC	610-667-2838	graycaremanagement.com	AVP
Trindy Grundy	Senior Community Services	610-237-6222	scs-delco.org	
Beverly Bernstein Joie	Complete Care Strategies	610-265-4300	completecarestrategies.com	AVP
Myron Judy Carmelite	(PCM) Health Care	215-492-9424		PRO
Sandra Katz		610-664-0565		PRO
Mary Kate Kennedy	1 Link 4 Senior Care, Inc.	856-210-2204	1link4seniorcare.com	AVP
Erin Kershaw Brandywine	Elder Care Management	888-721-1975	BrandywineECM.com	AVP
Deborah Klock DLK	Managed Care Solutions, Inc.	610-631-5689		AVP
Mary Kay Krokowski	Aging Advisors, Inc.	609-815-5959	agingadvisors.com	AVP
C. Barbara LeMunyon	Elder Care Advocacy Services, Inc.	215-357-7200	ecasinc.org	AVP
Wendy Liebling	Liebling Elder Care	610-733-1473	lieblingeldercare.com	AVP
Joy Lombardi	Senior Care Partners	215-796-0005	catholichealthcareservices.org	AVP

Name	Company	Phone	Website	Level
Emily Lowe	GrayCare Management	610-667-2838	graycaremanagement.com	AVP
Barbara Lyon	BAL Eldercare Management, LLC	520-591-0004		AVP
Dolores Tracey Magid	Complete Care Strategies	610-265-4300	completecarestrategies.com	AVP
Carole Mancini	Newman Elder Law	215-534-3612	newmanelderlaw.com	PRO
Valerie Parisi	ValPar Consultants, Inc.	215-230-0141	valpar.com	PRO
Heather Reilly	GrayCare	610-667-2838	graycaremanagement.com	ASC
C. Denise Rissell	Patient Care Advocates	610-856-1050	patientcareadvocates.com	AVP
David Rosenberg	Senior Care Advisors	215-470-9010	seniorcareadvisors@yahoo.com	AVP
Mary Sheldon	Better Solutions for Seniors, LLC	610-203-1999	betersolutionsforseniors.com	AVP
Judith Siderer	Intervention Associates	610-254-9001	interventionassociates.org	AVP
Jayma Sitton	Whole Senior Care, LLC	610-566-4397	wholeseniorcare.com	AVP
Joanne Stiteler	Joanne Stiteler Senior Care, LLC	484-477-5425	joannestitelerseniorcare.com	AVP
Denise Valerio	Valerio Care Management, LLC	215-896-6756	valeriocaremanagement.com	AVP
Wendy Walsh	Surrey Services for Seniors	484-321-6105	surreyservices.org	PRO
Susan Weiss-Cedillos	AgeWise Family Services	215-659-2111	agewisefamilyservices.com	AVP
Marian Worthington	Worthington Home Care Agency, LLC	610-207-6211	worthingtonhomecare.com	AVP
Western - Includes Pittsburgh and surrounding Western region, see map on page 5				
Sandra Budd	Jewish Family & Children's Service	412-422-7200	jfcspgh.org	AVP
Rhiann W. Condon	A New Beginning Counseling Service, LLC	724 504-1281	NewBeginningLLC@msn.com	PRO
Susan Cottingham	Options for Elder Care- Holisting Aging	412-486-6677	holisticaging.com	PRO
Sandra Dufield		412-337-4186		PRO
Sarah Friedman	Optimal Aging Advisors	412-515-0510	optimalagingadvisors.com	PRO
Michael Gallagher	Geriatric Care Manager	814-835-5060		AVP
Patricia Hanson	IKOR of Western Pennsylvania	412-580-5434	ikorglobal.com	PRO
Barbara Kolonay	Options for Elder Care - Holistic Aging	412-486-6677	HolisticAging.com	AVP
Jami Pazuchanics	Optimal Aging Advisors, LLC	724-470-7517	optimalagingadvisors.com	AVP
Elissa Powell	Optimal Aging Advisors, LLC	412-515-0510	optimalagingadvisors.com	ASC
Mindy Shaw		724-787-0698		AVP
Cynthia Smith	A New Beginning Counseling Service, LLC	724 504-1281	newbeginningLLC@msn.com	AVP
Deborah Stevens	Carefree Support Services. Inc.	412-821-1284		PRO
VIRGINIA				
Blue Ridge - Includes Lynchburg and surrounding region, see map on page 5				
Barbie DeVellis	Senior Care Consulting, LLC	540-206-7758		AVP
Northern Virginia - Includes DC Metro Region, see map on page 5				
Debbie Aggen	Caring Considerations	703-307-7484	caringconsiderations.com	AVP
Kathleen Allen	Senior Care Management Svcs., LLC	703-329-0900	seniorcarems.com	AVP
Alicea Ardito	Lifematters	703-237-9048	lifemattersusa.com	AVP
Amanda Babineau	We Care Management, LLC	703-493-0467	wecaremanagement.com	PRO
Sarah Benson	ElderTree Care Management Services	703-424-7575	eldertreecare.com	AVP
Vanessa Rosengart-Bishop	Elder Care Consultants, Inc.	703-904-0191	eldercc.com	AVP
Addie B. Underwood Bolden	A-1 Aging Service	678-524-0645	a1aging.com	PRO
Catherine Bryan	Lifematters	703-237-9048	lifemattersusa.com	AVP
Kathleen L. Budzynski	Independent You, Inc.	703-999-3006	independentyou.net	ASC
Kate Caldwell	ElderTree Care Management Services	703-424-7575	eldertreecare.com	AVP
Cathleen Callaway	Independent You, Inc.	703-999-3006	independentyou.net	ASC
Megan Descutner	Golden Pond ElderCare Strategies	703-216-7408	goldenpondvirginia.com	AVP
Corie Dean	Lifematters	703-237-9048	lifemattersusa.com	AVP
Karine Desir	Lifematters	703-237-9048	lifemattersusa.com	AVP
Nancy Dezan	ElderTree Care Management Services	703-424-7575	eldertreecare.com	AVP
Rosamelia Drake	GeriatricCare Management	703-313-6114	geriatricare.com	ASC
Colleen Duewel	ElderTree Care management Services	703- 832-7729	eldertreecare.com	PRO
Teresa Dunbar	Golden Pond Eldercare Strategies	703-723-3737	goldenpondvirginia.com	AVP
Buckley Fricker	Buckley's for Seniors, LLC	703-390-0535	buckleys4seniors.com	AVP
Heidi Garvis	Caring Considerations	571-437-9396	caringconsiderations.com	AVP
Martha S. Gaston	Seabury Resources for Aging	202-364-0020	seaburyresources.org	AVP
Diana Gilbert	Home Health Options Group	703-622-3343	hhogroup.com	AVP
Dana Greenfield	Sensible Care Solutions, LLC	703-966-4485	sensiblecaresolutions.com	PRO
Judith Grumbly		571-216-8129	jagrumbly@gmail.com	AVP
Ginny Hamel	Buckley's for Seniors, LLC	703-390-0535	buckleys4seniors.com	AVP
Suzanne Hanas	Premier RN Geriatric Care	703-416-0043	premiergeriatricrn.com	PRO
Marjorie Harper	CaringOptions,LLC	703-405-7007	marjotie_harper@yahoo.com	AVP
Helen Hipps	SeniorCare Associates	703-502-0240	seniorcare-associates.com	AVP

Name	Company	Phone	Website	Level
Elizabeth Kirk	LivHOME, Inc.	703-448-1711	livhome.com/arlinton	PRO
Joanne McCarty	Independent You	703-999-3006	independentyou.net	ASC
Barbara McConnell	Home Health Options Group	703-622-3343	hhogroup.com	ASC
Neda McGuire	Aging Matters	540-845-9291	agingmattersva.com	PRO
Karen M. McPhail	Eldementals, LLC	703-399-4028	eldementals.com	ASC
Nancy Moore	SeniorCare Associates	703-502-0240	seniorcare-associates.com	AVP
Irina Nikitina	Attenda Home Care, LLC	703-608-8838	attendahomecare.com	AVP
Susan Perry	Lifematters	703-237-9048	lifemattersusa.com	AVP
Susan Peterson	LivHome	703-448-1711	livhome.com/Arlington	AVP
Liza Petrick	Aging Gracefully, LLC	703-402-0800	aginggracefullyonline.com	AVP
Elizabeth Shifflett	Premier RN Geriatric Care	703-416-0043	premiergeriatricrn.com	AVP
Joan Thomas	Birmingham Green	703-257-6226	birminghamgreen.org	AVP
Stephanie Thomopoulos	GeriatricCare® Management, Inc.	703-313-6114	geriatriccare.com	AVP
Heidi M. Travis	ElderTree Care Management Services	703-832-7740	eldertreecare.com	ASC
Margaret Vaccaro	Lifematters	703-237-9048	lifemattersusa.com	AVP
Marie Woodard	Creative Care Connections, LLC	703-424-2040	creativecareconnections.com	AVP
Susanne Young	ElderTree Care Management Services	703-424-7575	eldertreecare.com	AVP
Daria Zakaryan	LivHOME, Inc.	703 537-6016	livhome.com	ASC
Piedmont				
Valerie Hopson-Bell	ElderCare Connections, LLC	540-419-4387	eldercareconnections.net	AVP
Lisa Colegrove	Jewish Family Services	804-282-5644	jfsrichmond.org	AVP
Gale Davis	VCU Health System, Geriatric Services	804-828-0281	vcuhealth.org	PRO
Andrea Fricke	Geriatric Support Services	804-436-7889	geriatricsupportservices.com	AVP
Rebecca Grim	HCA of Virginia, Inc.	804-741-0009	homecareassistance.com	AVP
Louise Mohardt	Geriatric Support Services	804-462-7730	geriatricsupportservices.com	PRO
Courtney Petley	GeroPartners, LLC	855-998-4376	geropartners.com	AVP
Wendy Smith Journeys	Senior Solutions, LLC	540-223-1144	journeyseniorsolutions@verizon.net	AVP
Shervonne Banks	Caregivers Corner LLC	757 240-7928	caregivercornerllc.com	PRO
Tidewater				
Susan Coughlin	Senior Care Solutions	757-705-6320	seniorcaresolutionsvb@gmail.com	AVP
Marilyn Fall	Elder Care at Home, VB	757-464-4800	eldercareathomevb.com	AVP
Jane Hixon	Senior Care Advocate, LLC	757 375-8419	jmhixon@verizon.net	AVP
Michael Mann	Geriatrics Life Care	757-282-1359		AVP
Angela Whitlock	Family Care Senior Solutions	757-399-9700	forfamilycare.com	AVP
Valley				
Marsha Grant	Cleansing Water, Inc.	540-341-0212	cleansingwater.com	PRO
Kim Grosner	Aging with Choice LLC	434-466-7774	kim@agingwithchoice.com	AVP
Susan Von Hemert	Susan Von Hemert, MSW, Geriatric Social Worker, LLC	434 953-4851	susanvonhemert.com	ASC
Wendy Smith Journeys	Senior Solutions, LLC	540-223-1144	journeyseniorsolutions@verizon.net	AVP
Brenda Wilson	Faculty & Employee Assistance Program UVAHS	434-243-2643	uvafeap.com	AVP
WEST VIRGINIA				
Laurie Clark-Grubbs	FirstLight Home Care	540-431-2933	firstlighthomecare.com	ASC
IN RECOGNITION OF OUR RETIRED MEMBERS:				
Linda Aufderhaar	Senior Care Associates	703-502-0240	lma5510@verizon.net	
Karen Bauer	Solutions at Home	914-393-8076	jewishhomelifecare.com	
Maureen Cavaiola	At Home Chesapeake	410-647-1997	info@athome-chesapeake.org	
Regina Curran	Regina M. Curran, MA	410-661-1988	ReginaMCurranMA@verizon.net	
Karen Knutson			kknutson0513@gmail.com	
Ann O'Neil	Ann E. O'Neil, Inc.	703-237-9048	aoneil3@verizon.net	